

## A critical analysis on gender discrimination in volleyball

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### Abstract

The aim of this study was to critically analyse the gender discrimination. For the purpose of the study 15 female volleyball player, 15 volleyball coaches and 15 parents of female volleyball players from Delhi University were selected as subject. The collection of data was done by administering the self- made questionnaire. The percentage analysis was implied. The study reveals that there is gender discrimination in the game of volleyball reason may be Delhi University being situated in the capital of the country has got representation of urban population.

**Keywords:** volleyball, gender discrimination, social values

### 1. Introduction

Physical education is an educational task. Physical Education focuses not only at physical evolution but is also bothered with education of the complete character of a person like nature, neuromuscular, principles and psychic etc.

Of late, the game of *volley*-ball has gained popularity among youth. Volleyball is admired for it's simplicity as it's a dynamic sport known for being played in small spaces like community parks, beaches and in swimming pools. It not only a exercise which gives you cardio vascular workout, but it also increases strength and endurance in the person playing it and that is one of the reason that it's one of the most favored sport among thousands of physical instructors worldwide.

Unfairness against women in our world is an ugly truth. Psychological researches prove that there is a undeviating relationship across the view point of people of a country regarding it's females and its social advancement. The stature of female is pivotal to the wellness of every society. If one chunk of society is agonized, the whole society pays the price. Shockingly, the female of human society are most vulnerable. But now today's new age women portray the confidence that was missing in previous generations.

The aim of this study is to critically analyse the Gender Discrimination in the game of Volleyball.

### 2. Objectives

1. The objective of the current study was to analyses the causes that lead to gender discrimination in volleyball.
2. It was also to examine the problems a woman may generally face while pursuing a career in volleyball.
3. It was also to suggest some remedial measures to solve these problems.

### 3. Procedure

#### 3.1 Selection of Subjects

The study was conducted on 15 female students and their age group is 20 to 25 years old, 15 parents, 15 coaches and the 15 female student of volleyball player who have participated at inter university level. The subject was selected from university of Delhi.

### 3.2 Collection of data

The collection of data was done by administering the three self made questionnaires. Each questionnaire consists of 20 questions. The analysis of data was done by using S.P.S.S software.

### 4. Discussion of the findings and results

1. The respondents are of the opinion that each and every college have adequate number of volleyball courts but they don't have specific court for women volleyball.
2. The study reveals that there is no biasness. In terms of family support for female and male volleyball players.
3. The respondents are of the opinion that sport amenities are not adequate for female volleyball.
4. The respondent are of the opinion that sport fund are not sufficient for female volleyball.
5. The study also reveal that there is lack of media support women volleyball
6. The study also reveal that the sponsor hesitate to participate in promoting women volleyball

### 5. Recommendation

1. It recommends that sports facility of women sports to be increased in the game of female volleyball.
2. Safety and security is one of the major concerns for female volleyball players adequate facility of transport to be provided after late hour practices.
3. It is recommends that media coverage for women sports to be increased in conformity with the spirit of sports they need to promote the game of volleyball.
4. There should be a policy to involve women in sports ruling bodies so that adequate granting of funding is done of sports represented by women
5. It is highly recommended that equal treatment for women and men in term of pay, price money and bonus
6. And increase sponsorship will enable to promote and lift the standard of women volleyball
7. Last but not the least physical education to be accorded more importance in school. So that girls are encouraged to take part in sports in their schools days onwards, while a respecting the principles of coeducation.

## 6. References

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